

Warranty

All SomnoBrux splints come with a full 1 year warranty from date of purchase, which covers all manufacturing defaults and breakages*.



* Conditions Apply.
Visit website for details.



How to care for your SomnoBrux

1. Rinse in cold or lukewarm water and then clean with a soft toothbrush and a mild detergent, such as liquid soap. Rinse well. Do not use toothpaste on your SomnoBrux, as it may be abrasive.
2. Store in a glass of clean water. By storing in water, your SomnoBrux will not dry out and it will help prevent crack corrosion. The splint needs to be fully submerged.
3. Once or twice a week soak in a partial denture cleaner, such as "Caldent", "Steradent - Active Plus" or "Fresh Active Polident". Tablets are available from chemists and most supermarkets. Soak for 5 minutes only, then rinse and store in water.

Always follow the instructions on the pack.

You may experience a mild plastic taste during first use of your SomnoBrux, this will disappear with storage and use.

Some patients with amalgam fillings may over time notice discolouration in the lining of their SomnoBrux splint. This is also relevant to patients who use Pylavex (a solution for mouth ulcers and denture irritation). Discolouration of the material will not adversely affect the performance or longevity of your SomnoBrux.

To reduce the possibility of discolouration do not drink coffee, tea or cola's with the device in place. Always brush teeth thoroughly before use and maintain regular dental checkups.



SomnoMed Limited

Level 3, 20 Clarke Street
Crows Nest NSW 2065
phone: 1800 445 660
fax +61 2 9467 0467
www.somnomed.com.au

Protect your teeth from
night time grinding

*SomnoBrux for the treatment of
sleep related bruxism*





What is Sleep Bruxism?

Sleep Bruxism is the technical term for grinding and clenching teeth during sleep that abrades teeth and may cause facial pain. It is a very common condition and may be a habitual nightly occurrence or manifest due to increased stress or anxiety. Prolonged bruxing can result in a number of serious problems and without treatment can irreversibly damage the structure and surface enamel of your teeth. Moderate to severe sleep bruxism if left untreated can result in jaw pain known as TMJ pain, headaches, damaged and loose teeth and gum recession.



SomnoBrux

For the treatment of sleep bruxism SomnoBrux is worn during sleep to prevent against tooth damage caused by grinding, and to alleviate jaw and muscle pain. Similar to a mouth guard SomnoBrux provides a protective barrier between your tooth surfaces.

The SomnoBrux is designed with your comfort in mind and combined with SMH BFlex is a quantum leap forward from standard bruxism devices. Your SomnoBrux is custom made making it a precise snug fit and allowing you to have full range of mouth opening and closing. You will be able to talk, yawn and drink water while wearing the splint.

When it comes to treating your sleep bruxism do not compromise on the quality of your splint. SomnoBrux is made from premium materials and is backed by a full one year warranty. Ask your dentist for the best.

Can I claim my SomnoBrux on Medicare?

Some patients may be eligible to be treated under the Enhanced Primary Care Scheme. See your GP or dentist for more information.

Which is the best model for me?

Every mouth is different and our experienced technicians can customize a SomnoBrux especially for you. Speak to your dentist about any questions or concerns you might have relating to SomnoBrux.

How can I get a SomnoBrux?

If your teeth are worn, damaged or sensitive, if you suffer from pain in your face or jaw talk to one of SomnoMed's friendly customer service advisors on 1800 445 770. We will be able to provide you with the details of your closest SomnoMed accredited provider.

* For a list of terms and conditions visit www.somnomed.com.au

Do you suffer from symptoms of Sleep Bruxism?

If you tick any of these boxes a SomnoBrux may benefit you.

- Teeth grinding or clenching, which may be loud enough to wake your sleep partner
- Teeth that are worn down, flattened, fractured or chipped
- Worn tooth enamel, exposing deeper layers of tooth
- Increased tooth sensitivity
- Jaw pain and muscle tightness
- Earache – because of severe jaw muscle contractions
- Headache
- Chronic facial pain