

SomnoSnore Advancement Guide and Bite Recording Procedures



Background

- SomnoSnore is a simple Multi-Splint Advancement System
- Standard SomnoSnore product includes 1 x Upper splint and 2 x advanced lower splints
- Additional protrusive splints may be purchased if required

Laboratory default manufacture settings for SomnoSnore are:

- Splint 1. made at 50% of maximum protrusion (MP)
- Splint 2. made at 50% of maximum protrusion (MP) + 2.0mm

Bite Recording procedure for SomnoSnore

Step 1. Using George Gauge establish Centric Occlusion position (CO) and note in millimetres on Prescription Sheet as indicated

Step 2. Using George Gauge establish Maximum Protrusion position (MP) and record in millimetres on Prescription Sheet as indicated

Step 3. Calculate Patients Total protrusive Range by deducting CO reading from MP reading

Step 4. Set George Gauge at 50% of patients Maximum Protrusion

Step 5. Load Bite fork with registration material and have patient record registration at 50% of MP

Patients Total Protrusive Range (mm)	Splint 1 Protrusive Position (mm)	Splint 2 made at 50% of MP + 2.0mm	Resultant Protrusive Position of Splint 2 (as% of MP mm)
5.0	2.5	4.5	90.0%
6.0	3.0	5.0	83.3%
7.0	3.5	5.5	78.6%
8.0	4.0	6.0	75.0%
9.0	4.5	6.5	72.2%
10.0	5.0	7.0	70.0%
11.0	5.5	7.5	68.2%
12.0	6.0	8.0	66.7%
13.0	6.5	8.5	65.4%
14.0	7.0	9.0	64.3%
15.0	7.5	9.5	63.3%
16.0	8.0	10.0	62.5%
17.0	8.5	10.5	61.8%
18.0	9.0	11.0	61.1%
19.0	9.5	11.5	60.5%
20.0	10.0	12.0	60.0%